

INFORMATION FOR WOMEN UNDERGOING URINARY INCONTINENCE SURGERY AND  
ABDOMINAL MESH SURGERY TO TREAT PROLAPSE

The Department of Health have recently suspended the use of all tapes to treat urinary incontinence and mesh inserted vaginally to treat prolapse. This means that they cannot currently be used to treat your urinary incontinence.

There are alternative options available regards incontinence and I have discussed with you the pros and cons of these. We have discussed both non-surgical and surgical options and you have elected to have the surgical option as outlined in your clinic letter.

For prolapse, there are new requirements to confirm appropriate information has been supplied to patients and that the outcome of the surgery we have decided upon is audited. We have discussed both non-surgical and surgical options and you have elected to have the surgical option as outlined in your clinic letter.

**It is now a requirement that prior to any operation to treat incontinence and prolapse that the following must have occurred:**

- I am required to inform you that these are procedures are subject to high vigilance scrutiny
- You must confirm in writing that you have read the 8 leaflets attached (see below). After having read these please sign this letter below which confirms that you have read them and understood their content and that you have asked any questions that you have regards the information contained.
- Your treatment plan must have be discussed by another urogynaecologist or urologist. Your case will be discussed at The Portland MDT with one of my colleagues.

**Leaflets attached:**

- Document on decision making and the options available SUI options (obviously the TVT is no longer an option) (British Society of Urological Surgeons leaflet)
- Laparoscopic colposuspension (University College Hospital leaflet)
- Colposuspension (British Society of Urogynaecology leaflet)
- Autologous fascial sling to treat stress urinary Incontinence (British Society of Urogynaecology leaflet)
- Urethral Bulking to treat stress urinary Incontinence (British Society of Urogynaecology leaflet)
- Laparoscopic mesh sacrohysteropexy (University College Hospital leaflet)
- General mesh (University College Hospital leaflet)
- Sacrohysteropexy for vaginal vault prolapse (British Society of Urogynaecology leaflet)

I confirm I have read and understood the contents of this letter including the attached documents. I understand that I need to bring in the fully completed questionnaire on the day of surgery in order for my operation to proceed.

Name

Signature

Date